

ALL ROSTERS ARE DUE BY THE FIRST SCHEDULED GAME OR IT WILL BE A FORFEIT. ANY ADDITIONS TO ROSTER AFTER FIRST 4 GAMES NEEDS TO BE APPROVED BY THE PARKS OFFICE.

### **2020 CO-ED VOLLEYBALL RULES**

1. No jewelry of any kind will be permitted, except for stud earrings and necklaces.
2. **CHILDREN ARE ALLOWED IN GYM AS LONG AS THEY ARE SUPERVISED DURING GAME.**
3. One 60 second time out per game. Time outs may not be saved for later use.
4. No abusive language or actions towards other players or officials will be allowed. Penalty may result in forfeit of game. Flagrant or repeated violations may result in a suspension from the league.
5. Entry into the gym will be as follows. At P.W. Middle School you will enter through the southeast door only. Skyview Middle School you will enter behind the school at the door just southeast of the gym.
6. Entry into the gym will not be allowed before 7:30 p.m.
7. No food and drinks allowed in the gym. Please pick up after yourself of all trash in parking lot and gym.
8. A serve may not be blocked.
9. Back row blocks are prohibited.
10. Soft sets will be allowed but is up to the discretion of the umpire in terms of a carry.
11. A team must consist of a minimum of 3 people (1 man & 1 woman must be on the floor at all times). You cannot play 4 men/1 woman or 5 men/1 woman that is not legal. Any other combination besides those two are legal.
12. We are playing 6 person volleyball rules. If only playing with 4 players, server is always your back row player and team must rotate.
13. A roster may not exceed 12 players. If you need to add a player after you have put 12 players on your roster you must have board approval and delete your roster so there are no more than 12 on it.
14. The minimum age of any player is 17 and must provide proof of age if required by official.
15. We will be doing rally scoring. First two games will be to 25, third game to 15 – win by 2. If the umpire sees we are running late during games the point system will be modified to fit time restraint.
16. No warming up will be allowed on the sidelines during a match. Warming up on the sidelines will be permitted if the games are complete and the remaining teams are practicing. Time will be given before each game begins for warm-up time.
17. Teams finishing early will have access to the floor until 10 minutes before the next game begins.
18. The league will furnish all equipment to be used within a league match. I.E. nets, volleyballs, etc.
19. Forfeit rule: If you forfeit the first game, you have 15 minutes for your players to show up for the second game. If they are not there within those 15 minutes the match will be a forfeit.
20. A call such as a line call or net violation that may have been missed by an official but was caught by both teams may be replayed or a side out.

### **LEAGUE SCORING**

**The following system will be used for determining league standings: 1 point for each game won and 3 points for winning the match (2 out of 2 games). If teams are tied with the same point standing the winner will be determined by head to head play of the team you are tied with. If this still does not determine a winner, there will be a single playoff game to 15.**

PLEASE REMEMBER THIS IS AN **ADULT RECREATION LEAGUE**. COMPETITION IS IMPORTANT BUT LETS ALL REMEMBER WHAT WE ARE REALLY HERE FOR – **FUN**.

**PUEBLO WEST VOLLEYBALL ASSOCIATION  
2020 TEAM REGISTRATION/ROSTER FORM**

**FOR OFFICIAL USE ONLY**

**PLAYER WAIVER AND RELEASE OF LIABILITY**

I UNDERSTAND THAT THE REGISTERED ACTIVITIES AND SERVICES MAY HAVE AN ELEMENT OF HAZARDS OR INHERENT DANGER AND I TAKE FULL RESPONSIBILITY FOR MY ACTIONS AND PHYSICAL CONDITION. I AGREE TO INDEMNIFY AND HOLD HARMLESS THE PUEBLO WEST RECREATION DEPARTMENT, THE PUEBLO WEST METRO DISTRICT'S EMPLOYEES, THE VOLLEYBALL ASSOCIATION, THE LEAGUE OFFICERS, AND REFEREE'S FROM ANY LIABILITY LOSS OR EXPENSE (INCLUDING ATTORNEY FEES, MEDICAL, AND AMBULANCE COST) THAT I MAY INCUR WHILE UTILIZING SCHOOL FACILITIES IN CONSIDERATION FOR THE RIGHT TO PLAY VOLLEYBALL.

TEAM NAME:

MANAGER NAME:

ADDRESS:

CITY:

ZIP:

TELEPHONE (HOME):

WORK:

<b>PRINT NAME</b>	<b>PHONE #</b>	<b>EMAIL ADDRESS</b>	<b>SIGNATURE</b>
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