

Programming



Swim lessons, water aerobics, lap swim, swim team practices, open swim, senior activities, daycare activities, homeschool exercise, work with school district for program-All kids learn to swim, special needs time, youth night, and some other programs for our youth to do.

Aquatic Features (i.e. pool, slide, etc.)



6 lane 25 yard pool with dive area, lazy river attached to 2 additional lap lanes, kids play area with slide, deck space with some seating, and handicap ramps into pool for those with disabilities.

Non-Aquatic Features (i.e. party rooms)

Lifeguard Office

Locker rooms

Equipment room

Storage room

Possibly 2 (for sure 1) party room to rent

AQUATIC PROGRAMS

Sports

Water Polo – deep end, 20 x 10 to 30 x 20 meters

Competitive swimming – age group, lap lanes and teaching pool

Paralympic competitive swimming age group, lap lanes and teaching pool

Competitive swimming – masters' lanes and teaching pool

Ironman/triathlete competitive swimming age group, lanes and teaching pool

Diving – one meter and two meter boards, warming pool

Paralympic diving - one meter and two meter boards, warming pool

Synchronized swimming – deep end, underwater speaker system

Scuba diving – instruction pool, class room and deep end

Canoeing – deep end

Water Safety Instruction (possible underwater viewing window)

Youth learn to swim lessons (all levels)

Adult learn to swim lessons (all levels)

Adaptive learn to swim lessons (all levels)

Water safety aid training – instruction pool, class room and deep end

Water safety instruction - instruction pool, class room and deep end

Lifeguard training - instruction pool, class room and deep end

CPR training – classroom

Health and Fitness

Aqua therapy, post therapy – warm pool, lap lanes, shallow pool

Aqua aerobics – lap lanes, shallow and deep end

Adult and youth lap swimming

Adaptive lap swimming

Adaptive aqua therapy – congenital and trauma abnormalities/disabilities

Fitness/Cardio/Weight reduction-maintenance

Recreation

Family swim – swimming pool, slides area and diving

Youth swim - swimming pool, slides area and diving

Private swim parties - swimming pool, slides area and diving, party room